Lemonade

EARLY DIAGNOSIS SAVES LIVES!
KNOW THE SIGNS OF OVARIAN CANCER

Most patients receive their diagnosis too late, at stage three or four, so it's important that you seek medical advice if the following symptoms persist.

- *Abnormal bleeding*
- *Need to wee urgently/ more*
- *Persistently bloated stomach*
- *Feeling tired & sluggish 24/7*
- *Changes in bowel habits*
- *Pain during sex*
- *Difficulty eating*
- *Feeling full quickly*
- *Pelvic/ abdominal pain*
- *Unexplained weight loss*

For more info visit www.nhs.uk and search 'ovarian cancer'.



RAISING OVARIAN CANCER AWARENESS IN YORKSHIRE

Lemonade is a charitable organisation formed after we lost our friend to ovarian cancer aged just 32. Our purpose is to educate the people of Yorkshire on the symptoms of ovarian cancer because we know that early detection prolongs lives. Every day 11 women of all ages lose their lives to ovarian cancer, a disease which there is no screening programme for, so it's vital for us to spread the message to those with ovaries: make sure you know your body, know the signs and speak to your GP if you are worried.

Visit we-are-lemonade.co.uk to discover more and follow and share our social posts to help us raise awareness.

@lemonadecharity
artwork **@melodymurals**

COMMUNITY FUND